

CHAPTER

30

참고 문헌

1. 김윤숙, 전섭, 김종수, 최승도, 선우재근, 신영우 등. 폐경전후 여성에서 폐경의 예측인자로서 3차원 VOCAL 초음파를 이용한 난소부피 측정의 유용성에 관한 연구. 대한산부회지 2007;50:167-72.
2. 김진수, 김상엽, 이해혁, 이명환, 문원실, 이석민 등. 폐경기 전후 여성의 임상적 특징에 관한 연구. 대한산부회지 1998;41: 2201-6.
3. 민부기, 구병삼. 한국여성의 폐경에 관한 연구. 대한산부회지 1985; 28: 966-72.
4. 박형무, 상재홍, 김정연. 임상연구: Women's Health Initiative 연구발표 전후 국내 호르몬 약제의 사용 변화: 2000~2009. 대한 산부회지 2010;53:1110-7.
5. 위치선, 송재연, 김수연, 조윤성, 조현희, 김미란 등. 폐경이행기 예측인자로서의 Mullerian inhibiting substance. 대한산부회지 2007;50:1396-404.
6. 이소영, 이상훈, 기백석. 폐경기 여성의 정신적 스트레스에 관한 연구. 대한산부회지 1996;39:555-61.
7. 최훈, 이홍균, 박형무. 한국 폐경여성의 폐경에 대한 인식도 조사. 대한폐경회지. 2003;9:36-43.
8. AACE Osteoporosis Task Force, AACE Osteoporosis guidelines Endocrine Practice 2003;9:545-64.
9. Al-Badr A, Ross S, Soroka D, Drutz HP. What is available evidence for hormone replacement therapy in women with stress urinary incontinence? J Obstet Gynecol Can 2003;25:567-74.
10. American College of Obstetrics and Gynecology. Osteoporosis, Obstet Gynecol 2004;104 suppl:66-76s.
11. Amundsen DW, Diers CJ. The age of menopause in medieval Europe. Hum Biol 1973;45:605-12.
12. Bachmann GA, Leiblum SR. Sexuality in sexagenarian women. Maturitas 1991;13:43-50.
13. Badgio PC, Worden BL. Cognitive functioning and aging in women. J Women Aging 2007;1:291-300.
14. Burger HG, Dudley EC, Cui J, Dennerstein L, Hopper JL. A prospective longitudinal study of serum testosterone, dehydroepiandrosterone sulfate, and sex hormone-binding globulin levels through the menopause transition. J Clin Endocrinol Metab 2000;85:2832-8.
15. Burger HG. The endocrinology of the menopause. J Steroid Biochem Mol Biol 1999;69:31-5.
16. Burke AP, Farb A, Malcom G, Vimani R. Effect of menopause on plaque morphologic characteristics in coronary atherosclerosis. Ann Heart J 2001;141:538-42.
17. Castracane VD, Gimpel T, Goldzieher JW. When is it safe to switch from oral contraceptives to hormonal replacement therapy? Contraception 1995;52:371-6.
18. Chakravarti S, Collins WP, Forecast JD, Newton JR, Oram DH, Studd JWW. Hormonal profiles after the menopause. Br Med J 1976;2:784-7.
19. Christiansen C, Riis BJ. Five years with continuous combined oestrogen/progestogen therapy. Effects on calcium metabolism, lipoproteins, and bleeding pattern. Br J Obstet Gynaecol 1990;97:1087-92.
20. Cohen LS, Soares CN, Joffe H. Diagnosis and management of mood disorders during the menopausal transition. Am J Med 2005;118:54-8.
21. Coulam CB, Adamsen SC, Annegers JF. Incidence of premature ovarian failure. Obstet Gynecol 1986;67:604-8.
22. Dalal D, Zhukovsky DS. Pathophysiology and management of hot flashes. J Support Oncol 2006;4:315-20.
23. Dennerstein L, Randolph J, Taffe J, Dudley E, Burger H. Hormones, mood, sexuality, and the menopausal transition. Fertil Steril 2002;77:S42.
24. Dowsett M, Cantwell B, Anshumala L, Jeffcoate SL, Harris SL. Suppression of postmenopausal ovarian steroidogenesis with the luteinizing hormone-releasing hormone agonist Gos-

- erelin. *J Clin Endocrinol Metab* 1988;66:672-7.
25. Farquhar CM, Lethaby A, Sowter M, Verry J, Baranyai J. An evaluation of risk factors for endometrial hyperplasia in premenopausal women with abnormal menstrual bleeding. *Am J Obstet Gynecol* 1999;181:525-9.
26. Ferrell RJ, Simon JA, Pincus SM, Rodriguez G, O'Connor KA, Holman DJ, et al. The length of perimenopausal menstrual cycles increases later and to a greater degree than previously reported. *Fertil Steril* 2006;86:619-24.
27. Freedman RR. Pathophysiology and treatment of menopausal hot flashes. *Semin Reprod Med*. 2005;23:117-25.
28. George LK, Weiler SJ. Sexuality in middle and late life. The effects of age, cohort, and gender. *Arch Gen Psychiatry* 1981;38:919-23.
29. Gilfillan CP, Robertson DM, Burger HG, Leoni MA, Hurley VA, Martin NG. The control of ovulation in mothers of dizi-gotic twins. *J Clin Endocrinol Metab* 1996;81:1557-62.
30. Gold EB, Bromberger J, Crawford S, Samuels S, Greendale GA, Harlow SD, et al. Factors associated with age at natural menopause in a multiethnic sample of midlife women. *Am J Epidemiol* 2001;153:865-74.
31. Grady D, Brown JS, Vittinghoff E, Applegate W, Varner E, Snyder T, et al. Postmenopausal hormones and incontinence: the Heart and Estrogen/Progestin Replacement Study. *Obstet Gynecol* 2001;97:116-20.
32. Grodstein F, Chen J, Pollen DA, Albert MS, Wilson RS, Folstein MF. Postmenopausal hormone therapy and cognitive function in healthy older women. *J Am Geratr Soc* 2000;48:746-52.
33. Grodstein F, Ifford K, Resnick NM, Curban GC. Postmenopausal hormone therapy and risk of developing urinary incontinence. *Obstet Gynecol* 2004;103:254-60.
34. Gull B, Karlsson B, Milsom I, Granberg S. Can ultrasound replace dilation and curettage? A longitudinal evaluation of postmenopausal bleeding and transvaginal sonographic measurement of the endometrium as predictors of endometrial cancer. *Am J Obstet Gynecol* 2003;188:401-8.
35. Gupta JK, Chien PF, Voit D, Clark TJ, Khan KS. Ultrasonographic endometrial thickness for diagnosing endometrial pathology in women with postmenopausal bleeding: a meta-analysis. *Acta Obstet Gynecol Scand* 2002;81:799-816.
36. Hale GE, Zhao X, Hughes CL, Burger HG, Robertson DM, Fraser IS. Endocrine features of menstrual cycles in middle and late reproductive age and the menopausal transition classified according to the Staging of Reproductive Aging Workshop (STRAW) staging system. *J Clin Endocrinol Metab* 2007;92:3060-7.
37. Harlow SD, Cain K, Crawford S, Dennerstein L, Little R, Mitchell ES, et al. Evaluation of four proposed bleeding criteria for the onset of late menopausal transition. *J Clin Endocrinol Metab* 2006;91:3432-8.
38. Harlow SD, Mitchell ES, Crawford S, Nan B, Little R, Taffe J: ReSTAGE Collaboration. The ReSTAGE Collaboration: defining optimal bleeding criteria for onset of early menopausal transition. *Fertil Steril* 2008;89:129-40.
39. Hee J, MacNaughton J, Bangah M, Burger HG. Perimenopausal patterns of gonadotrophins, immunoreactive inhibin, oestradiol and progesterone. *Maturitas* 1993;18:9-20.
40. Henderson VW, Guthrie JR, Dudley EC, Burger HG, Dennerstein L. Estrogen exposures and memory at midlife: a population-based study of women. *Neurology* 2003;60:1369-71.
41. Henderson VW, Paganini-Hill A, Miller BL, Elble RJ, Reyes PF, Shoupe D, et al. Estrogen for Alzheimer's disease in women: randomized double-blind placebo controlled trial. *Neurology* 2000;54:295-301.
42. Hyun-Kyung Kim, So-Yeon Kang, Youn-Jee Chung, Jang-Heub Kim, and Mee-Ran Kim. The Recent Review of the Genitourinary Syndrome of Menopause. *J Menopausal Med* 2015;21:65-71.
43. Jiroutek MR, Chen M-H, Johnston CC, Longcope C. Changes in reproductive hormones and sex hormone-binding globulin in a group of postmenopausal women measured over 10 years. *Menopause* 1998;5:90-4.
44. Joakimsen O, Bonaa KH, Stensland-Bugge E, Jacobson BK. Population-based study of age at menopause and ultrasound assessed carotid atherosclerosis: the Tromso study. *J Clin Epidemiol* 2000;53:525-30.
45. Judd HL, Judd GE, Lucas WE, Yen SSC. Endocrine function of the postmenopausal ovary: concentration of androgens and estrogens in ovarian and peripheral vein blood. *J Clin Endocrinol Metab* 1974;89:1020-4.
46. Ki-Jin Ryu, Hyuntae Park, Jin Seol Park, Yeon Woo Lee, Soo Young Kim, Hayun Kim, Youngmi Jeong, Yong Jin Kim, Kyong Wook Yi, Jung Ho Shin, Jun Young Hur, Tak Kim. Vasomotor Symptoms: More Than Temporary Menopausal Symptoms. *J Menopausal Med* 2020;26:147-53.
47. Lethaby A, Irvine G, Cameron I. Cyclical progestogens for heavy menstrual bleeding. *Cochrane Database Syst Rev* 2000;2:CD001016.
48. Lethaby AE, Cooke I, Rees M. Progesterone or progestogen-releasing intrauterine systems for heavy menstrual bleeding. *Cochrane Database Syst Rev*. 2005;19:CD002126.
49. Lewiecki EM, Kendler DL, Keibzak GM, Schmeer P, Prince RL, EI-Hajj Fulejian G, et al. Special report on the official posi-

- tions of the International Society for Clinical Densitometry. *Osteoporos Int* 2004;15:779-84.
50. Lobo RA. Menopause and aging. In: Strauss III JF, Barbieri RL, editor. *Yen and Jaffe's Reproductive endocrinology*, 5th ed. Elsevier Saunders Press. 2004: 421-52.
51. Lowenthal MF, Thurner M, Chiriboga D. Four stages of life. San Francisco : Jossey-Bass Publishers. 1975. Regestein QR. Hot flashes and sleep. *Menopause* 2006;13:549-52.
52. Mack WJ, Slater CC, Xiang M, Shoupe D, Lobo RA, Hodis HN. Elevated subclinical atherosclerosis associated with oophorectomy is related to time since menopause rather than type of menopause. *Fertil Steril* 2004;82:391-7.
53. MacNaughton J, Bangah M, McCloud P, Hee J, Burger HG. Age-related changes in follicle stimulating hormone, luteinizing hormone, oestradiol and immunoreactive inhibin in women of reproductive age. *Clin Endocrinol* 1992;36:339-45.
54. Maki PM, Zonderman AB, Resnick SM. Enhanced verbal memory in nondemented elderly women receiving hormone replacement therapy. *Am J Psychiatry* 2001;158:227-33.
55. McKinlay SM, Bifano NL, McKinlay JB. Smoking and age at menopause in women. *Ann Intern Med* 1985;103:350-6.
56. McKinlay SM, Brambilla DJ, Posner JG. The normal menopause transition. *Maturitas* 1992;14:103-15.
57. Meldrum DR, Davidson BJ, Tataryn IV, Judd HL. Changes in circulating steroids with aging in postmenopausal women. *Obstet Gynecol* 1981;57:624-8.
58. Melton LJ 3rd, Chrischilles EA, Cooper C, Lane AW, Riggs BL. How many women have osteoporosis? *J Bone Miner Res* 2005;20:886-92.
59. Menopausal status and risk factors for cardiovascular disease. *J Intern Med* 1999;246:521-8.
60. Midgette AS, Baron JA. Cigarette smoking and the risk of natural menopause. *Epidemiology* 1990;1:474-80.
61. Mulnard RA, Cotman CW, Kawas C, van Dyck CH, Sano M, Doody R, et al. Estrogen replacement therapy for treatment of mild to moderate Alzheimer disease : a randomized controlled trial. *Alzheimer Disease Cooperative Study*. *JAMA* 2000;284:1007-15.
62. Munster K, Schmidt L, Helm P. Length and variation in the menstrual cycle - A cross-sectional study from a Danish county. *Br J Obstet Gynaecol* 1992;99:422-9.
63. Nappi RE, Lachowsky M. Menopause and sexuality: prevalence of symptoms and impact on quality of life. *Maturitas* 2009;63:138-41.
64. Parker Jr CR, Slayden SM, Azziz R, Crabbe SL, Hines GA, Boots LR, et al. Effects of aging on adrenal function in the human: responsiveness and sensitivity of adrenal androgens and cortisol to adrenocorticotropin in premenopausal and postmenopausal women. *J Clin Endocrinol Metab* 2000;85:48-54.
65. Pfeiffer E, Verwoerd A, Davis GC. Sexual behavior in middle life. *Am J Psychiatr* 1972;128:1262-7.
66. Prior JC. Ovarian aging and the perimenopausal transition: the paradox of endogenous ovarian hyperstimulation. *Endocrine* 2005;26:297-300.
67. Rani S. The psychosexual implications of menopause. *Br J Nurs* 2009;18:370-3.
68. Riggs BL, Khosla S, Melton JL 3rd. Sex steroids and the construction and conservation of the adult skeleton. *Endocrine Reviews* 2002;23:279-302.
69. Ritchie K, Lovestone S. The dementias. *Lancet* 2002;360:1759-66.
70. Santoro N, Brown JR, Adel T, Skurnick JH. Characterization of reproductive hormonal dynamics in the perimenopause. *J Clin Endocrinol Metab* 1996;81:1495-501.
71. Siobán D Harlow, Margery Gass, Janet E Hall, Roger Lobo, Pauline Maki, Robert W Rebar, Sherry Sherman, Patrick M Sluss, Tobie J de Villiers, STRAW + 10 Collaborative Group. Executive summary of the Stages of Reproductive Aging Workshop + 10: addressing the unfinished agenda of staging reproductive aging. *J Clin Endocrinol Metab* 2012;97:1159-68.
72. Smith-Bindman R, Kerlikowske K, Feldstein VA, Subak L, Scheidler J, Segal M, et al. Endovaginal ultrasound to exclude endometrial cancer and other endometrial abnormalities. *JAMA* 1998;280:1510-7.
73. Soules MR, Sherman S, Parrott E, Rebar R, Santoro N, Utian W, et al. Executive summary: Stages of Reproductive Aging Workshop (STRAW). *Fertil Steril* 2001;76:874-8.
74. Sowers MR, Zheng H, McConnell D, Nan B, Harlow S, Randolph Jr. JF. Follicle stimulating hormone and its rate of change in defining menopause transition stages. *J Clin Endocrinol Metab* 2008;93:3958-64.
75. Srivastava AK, Viet EL, Lewiecki EM, Maricic M, Abdelmalek A, Gluck O, et al. Clinical use of serum and urine bone markers in the management of osteoporosis. *Curr Med Res Opin* 2005;21:1015-25.
76. Stearns V, Ullmer L, Lopez, JF, Smith Y, Lsaacs C, Hayes D. Hot flushes. *Lancet* 2002;360:1851-61.
77. Strong JP, Malcom GT, Mc Mahan CA, Tracy RE, Newman WP 3rd, Herderick EE, et al. Prevalence and extent of atherosclerosis in adolescent and young adults:implications for prevention from the pathological determinants of atherosclerosis in youth study. *JAMA* 1999;281:727-35.
78. Tibiletti MG, Testa G, Vegetti W, Alagna F, Taborelli M, Dalpra L, et al. The idiopathic forms of premature menopause and

- early menopause show the same genetic pattern. *Hum Reprod* 1999;14:2731-4.
79. Torgerson DJ, Avenell A, Russell IT, Reid DM. Factors associated with onset of menopause in women aged 45-49. *Maturitas* 1994;19:83-92.
80. Traupman J, Eckels E, Hatfield E. Intimacy in older women's lives. *Gerontologist* 1982;2:493-8.
81. Treloar AE, Boynton RE, Borghild GB, Brown BW. Variation of the human menstrual cycle through reproductive life. *Int J Fertil* 1967;12:77-126.
82. Treloar AE. Menstrual cyclicity and the premenopause. *Maturitas* 1981;3:249-64.
83. Tremellen KP, Kolo M, Gilmore A, Lekamge DN. Anti-mullerian hormone as a marker of ovarian reserve. *Aust N Z J Obstet Gynaecol* 2005;45:20-4.
84. U.S Preventive Service Task Force. Screening for osteoporosis in postmenopausal women: recommendation and rationale. *Am Fam Phys* 2002;66:1430-2.
85. van Noord PAH, Dubas JS, Dorland M, Boersma H, te Velde E. Age at natural menopause in a population-based screening cohort: the role of menarche, fecundity, and lifestyle factors. *Fertil Steril* 1997;68:95-102.
86. Vollman RF. The menstrual cycle. In: Friedman E, ed. *Major Problems in Obstetrics and Gynecology*. W.B. Saunders Co., Philadelphia: 1977. Wallace RB, Sherman BM, Bean JA, Treloar AE, Schlabaugh L. Probability of menopause with increasing duration of amenorrhea in middle-aged women. *Am J Obstet Gynecol* 1979;135:1021-4.
87. Wang PN, Liao SQ, Liu RS, Liu CY, Chao HT, Lu SR, et al. Effects of estrogen on cognition, mood, and cerebral blood flow in AD: a controlled study. *Neurology* 2000;54:2061-6.
88. Weg RB. Demography. In Mishell DR Jr, editor. *Menopause: Physiology and pharmacology*. Year Book Medical Publishers, Chicago 1987; p.23-40.
89. Welty FK. Preventing clinically evident coronary heart disease in the postmenopausal women. *Menopause* 2004;11:484-94.
90. Young T, Rabago D, Zgierska A, Austin D, Laurel F. Objective and subjective sleep quality in premenopausal, perimenopausal, and postmenopausal women in the Wisconsin Sleep Cohort study. *Sleep* 2003;26:667-72.
91. Zandi PP, Carson MC, Plassman BL, Welsh-Bohmer KA, Mayer LS, Steffens DC, et al. for the Cache County Memory Study Investigators. Hormone replacement therapy and incidence of Alzheimer disease in older women. The Cache County Study. *JAMA* 2002;288:2123-9.