산부인과 수술 후 호르몬 변화와 수술 후 폐경의 치료법



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> Inhibin

산부인과 **수술 후 호르몬 변화**와 **수술 후 폐경**의 **치료법**



Fertility and Sterility.

Fertil Steril. 1987 Jan;47(1):94-100.

The effect of hysterectomy on the age at ovarian failure: identification of a subgroup of women with premature loss of ovarian function and literature review.

Siddle N, Sarrel P, Whitehead M.

Abstract

The age at ovarian failure was determined in 90 women who had previously undergone abdominal hysterectomy with bilateral ovarian conservation and in 226 women who had undergone a spontaneous menopause. The mean age of ovarian failure in the hysterectomized group was <u>45.4 +/- 4.0</u> years (standard deviation), and this was significantly lower than the mean age of <u>49.5 +/- 4.04</u> years in the nonhysterectomized control group (P less than 0.001). There was a significant correlation between the age at hysterectomy and the age of ovarian failure in the women who were 44 years or less at the time of ovarian failure (r = 0.62, P less than 0.001), implying a causal relationship. The indication for hysterectomy did not influence the time of ovarian failure. Two explanations are proposed as to how conventional surgery for hysterectomy may adversely affect ovarian function.

Obstet Gynecol. 2011 December ; 118(6): 1271–1279. doi:10.1097/AOG.0b013e318236fd12.

<prospective cohort study>

Effect of Hysterectomy With Ovarian Preservation on Ovarian **Function**

	Hazard Ratio [*]	95% Confidence Interval	Р
<u>All women</u>			
Controls	1	Reference	
Hysterectomy only	1.74	1.14 - 2.65	0.01
Hysterectomy with unilateral oophorectomy	2.93	1.57 - 5.49	0.001
		ilure	1.00
		warian fa	0.75-
		t having c	0.50-
		Probability of not having ovarian failure	0.25-
		Probat	0.00

The Ovary: Original Research

Association of Ovary-Sparing Hysterectomy With Ovarian Reserve

(2016)

Measure	Hysterectomy Group (n=117)	Referent Group (n=129)	P *
AMH at baseline (ng/mL)	1.1 (0.4 to 2.2)	1.0 (0.5 to 2.8)	.46
AMH at <u>1-y follow-up</u> (ng/mL)	0.6 (0.2 to 1.7)	1.0 (0.3 to 2.3)	.04
Nondetectable AMH at 1-y follow-up	15 (12.8)	6 (4.7)	.02
Absolute change in AMH (ng/mL)			
Overall $(n=117; 129)^{+1}$	-0.3 (-0.7 to -0.1)	-0.2 (-0.7 to 0)	.31
White (n=47; 64)	-0.2 (-0.6 to 0)	-0.2 (-0.6 to 0)	.59
Black (n=67; 60)	-0.3 (-0.9 to -0.1)	-0.2 (-0.8 to 0.1)	.23
% change in AMH			
Overall $(n=117; 129)^{++}$	-40.7 (-70.5 to -4.0)	-20.9 (-44.4 to 0)	<.001
White $(n=47; 64)$	-38.5 (-66.7 to 0)	-23.1 (-47.7 to 0)	.13
Black (n=67; 60)	-48.1 (-76.0 to -11.1)	-16.0 (-42.6 to 1.6)	<.001

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CME REVIEW ARTICLE

The Effect of Salpingectomy on Ovarian Reserve and Ovarian Function

Total dose of FSH needed in IVF-ET cycles



The number of collected oocytes in IVF-ET cycles

	Εχρε	erimen	Ital	С	ontrol	I	;	Std. Mean Difference	Std. Mean Difference
Study or Subgroup	Mean	SD	Total	Mean	SD	Total	Weight	IV, Random, 95% CI	IV, Random, 95% Cl
Gelbaya TA 2006	10.23	6.08	40	12.92	8.75	103	19.1%	-0.33 [-0.70, 0.04]	-=
Kontoravdis 2006	12.1	5	50	10.9	5.1	15	13.7%	0.24 [-0.34, 0.81]	+-
Lass A 1998	9.9	5.3	29	9.1	4.7	73	17.4%	0.16 [-0.27, 0.59]	+
Matorras 2013	10.8	6	48	11	5.8	264	20.8%	-0.03 [-0.34, 0.27]	+
Nakagawa 2008	7.5	5.5	6	5.3	4.7	11	7.0%	0.42 [-0.59, 1.43]	+
Tal J 2002	5.5	3.4	98	4	2.3	154	22.1%	0.54 [0.28, 0.80]	-
Total (95% CI)			271			620		0.14 (-0.17, 0.45)	
Heterogeneity: Tau ² =				= 5 (P =	= 0.005	ز); ا² = 7	71%	-10	-5 0 5
Test for overall effect: 2	Z = 0.87	(P = 0	.38)						experimental control

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CME REVIEW ARTICLE

The Effect of Salpingectomy on Ovarian Reserve and Ovarian Function

AMH levels



산부인과 **수술 후 호르몬 변화**와 **수술 후 폐경**의 **치료법**



ORIGINAL ARTICLE

Endocrine Care

The Impact of Excision of Ovarian Endometrioma on Ovarian Reserve: A Systematic Review and Meta-Analysis

Weighted mean difference in serum AMH after surgery for endometrioma

	Posto	operative		Preor	perative			Mean Difference	Mean Difference
Study or Subgroup	Mean [ng/ml]	SD [ng/ml]	Total	Mean [ng/ml]	SD [ng/ml]	Total	Weight	IV, Random, 95% CI [ng/ml]	IV, Random, 95% CI [ng/ml]
Biacchiardi 2011	1.3	0.3	43	3	0.4	43	15.4%	-1.70 [-1.85, -1.55]	-
Ercan 2010	1.39	1.16	47	1.62	1.09	47	14.7%	-0.23 [-0.69, 0.23]	
Ercan 2011	1.95	0.62	36	2.03	0.41	36	15.3%	-0.08 [-0.32, 0.16]	+
Hirokawa 2011	2.1	1.6	38	3.9	2.5	38	12.5%	-1.80 [-2.74, -0.86]	
Hwu 2011	2.01	1.17	31	3.95	2.34	31	12.6%	-1.94 [-2.86, -1.02]	
Kitajima 2011	3.024	2.48	19	4.27	3	19	8.4%	-1.25 [-3.00, 0.50]	
Lee 2010	3.29	2.11	13	4.69	2.5	13	8.3%	-1.40 [-3.18, 0.38]	
Tsolakidis 2009	2.9	0.63	10	3.9	1.26	10	12.8%	-1.00 [-1.87, -0.13]	
Total (95% CI)	1.87	1	237	3.0		237	100.0%	-1.13 (-1.88, -0.37)	•
Heterogeneity: Tau ² = 0.95; Chi ² = 146.47, df = 7 (P < 0.00001); l ² = 95%							-4 -2 0 2 4		
Test for overall effect: 2		,							Preoperative Postoperative

mean diameter of the endometrioma; 3.7~6.7cm

Endocrine Care

The Impact of Excision of Ovarian Endometrioma on Ovarian Reserve: A Systematic Review and Meta-Analysis

(2012)

Subgroup analysis

Unilateral endometriomas

Six studies with 152 excisions were included (25, 27, 29, 34–36). The weighted average preoperative AMH was 3.3 ng/ml. A statistically significant fall (30%) in serum AMH was seen postoperatively (WMD –0.96 ng/ml; 95% CI –0.22 to –1.70; $I^2 = 76\%$).

Bilateral endometriomas

Two studies with 32 patients were identified (34, 35). The weighted average preoperative AMH was 2.7 ng/ml. A trend toward a postoperative fall (44%) in serum AMH was seen at 3–9 months, although this did not reach statistical significance (WMD –1.18;95% CI 1.07 to –3.34; $I^2 = 89\%$).

The impact of electrocoagulation on ovarian reserve after laparoscopic excision of ovarian cysts: a prospective clinical study of 191 patients





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GYNECOLOGY OBSTETRICS

journal homepage: www.elsevier.com/locate/ijgo

CLINICAL ARTICLE

Effect on ovarian reserve of laparoscopic bipolar electrocoagulation versus laparotomic hemostatic sutures during unilateral ovarian cystectomy

Time of measurement	Laparoscopy group (n=55)	Laparotomy group $(n = 55)$	P value
Preoperatively, ng/mL Postoperatively, ng/mL	4.2 ± 1.5	4.6 ± 1.5	0.180
1st cycle 3rd cycle 6th cycle	$egin{aligned} 3.2 \pm 0.8 \ 2.6 \pm 0.7^{ ext{b}} \ 2.4 \pm 0.5^{ ext{d}} \end{aligned}$	3.7 ± 1.0 3.5 ± 1.1^{c} 3.6 ± 1.1^{e}	0.004 <0.001 <0.001

Impact of laparoscopic cystectomy on ovarian reserve: serial changes of serum anti-Müllerian hormone levels



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Estrogen levels







Natural Menopause



Surgical Menopause



Biosynthesis of steroids

	Reproductive	Natural Menopause	Surgical Menopause
	age (mg/day)	(mg/day)	(mg/day)
Androstenedione	2–3	▶ 0.5-1.0	0.4-0.8
Dihydroepiandrosterone	6-8	1.5-4.0	1.5 - 4.0
Dihydroepiandrosterone sulphate	8-16	4–9	4–9
Testosterone	0.2-0.25	▶ 0.05-0.1	0.02-0.07

Pre-menopausal Bilateral oophorectomy



Vasomotor symptom **«**

Bone health

Cardiovascular health **«**

Cognitive function

Mortality **《**



Menopause: The Journal of The North American Menopause Society Vol. 18, No. 7, pp. 778-785 DOI: 10.1097/gme.0b013e318207851d © 2011 by The North American Menopause Society

A large multinational study of vasomotor symptom prevalence, duration, and impact on quality of life in middle-aged women

Vasomotor symptoms	Natural	Surgical	Р
% Any degree (95% CI) % Bothersome (95% CI) n	52.3 (51.1-53.5) 8.9 (8.2-9.7) 6,310	65.6 (62.2-68.8) 16.1 (13.8-18.9) 833	0.0001 0.0001

Climacteric symptoms in women undergoing riskreducing bilateral salpingo-oophorectomy

(2009)



CLIMACTERIC 2011;14:445-452

Impact of surgical menopause on lipid and bone metabolism





Oophorectomy and Spine Bone Density: Evidence of a Higher Rate of Bone Loss in Surgical Compared with Spontaneous Menopause.

Pansini, Francesco; Bagni, Bruno; Bonaccorsi, Gloria; Albertazzi, Paola; Zanotti, Laura; Farina, Antonio; Campobasso, Carlo; Orlandi, Roberto; Mollica, Gioacchino

Menopause: 1995

To compare the influence of spontaneous and surgical menopause on bone loss, we measured with dual x-ray absorptiometry (DXA) the spinal bone mineral density (BMD) in 513 women recruited at the Menopause Clinic at Ferrara University Hospital. One hundred one women were premenopausal with regular menstrual cycles; 185 women were perimenopausal with irregular periods or with absence of menstruation for <11 months; 160 women had spontaneous menopause with at least 12 months of amenorrhea; 67 women had a surgical menopause (hysterectomy with bilateral oophorectomy) prior to which they had regular menstruation. To minimize the age bias on BMD, all postmenopausal patients were selected to have the age range at menopause corresponding with the chronological age range (45-53 years) of premenopausal women used as reference. Moreover, to evaluate the influence of time since menopause on BMD, all postmenopausal women were stratified in five categories according to time lapsed since their last menses or oophorectomy. BMD values of spontaneous and surgical menopause do not appear to differ significantly (0.908 4pM 0.146 and 0.885 +/- 0.129 g/cm2, mean +/- SD). However, the difference between the menopausal groups becomes evident when BMD results take into account the interval since menopause. After 61-144 months of amenorrhea, women who had undergone spontaneous menopause had a cumulative bone loss of 21.8% in comparison with premenopausal BMD, whereas women who had undergone surgical menopause had a bone loss of 25.8%. The yearly percentage of bone loss values of surgical menopause (ranging from 3.72 to 7.93) settled to ~1% per year after 5 years from oophorectomy, whereas the percentage values of spontaneous menopause (ranging from 1.75 to 4.65) settled to 1% per year after 3 years since the last menses. The difference between bone loss rates of spontaneous and surgical menopause, evaluated by comparison of regression coefficients (- 0.027 and -0.051, respectively) of linear regressions of BMD values on time since menopause, was statistically significant (p <= 0.001). Odds ratio (OR) of osteopenia (as Tscore, >= - 1) was significantly higher in surgical menopause (OR, 10.36; CI, 24.69-4.34) compared with spontaneous menopause (OR, 7.11; CI, 14.73-3.43). Our data support the evidence that women undergoing bilateral oophorectomy while still menstruating are at a higher risk of osteopenia than women undergoing menopause spontaneously.



Menopause: The Journal of The North American Menopause Society Vol. 13, No. 2, pp. 265-279 DOI: 10.1097/01.gme.0000218683.97338.ea © 2006 by The North American Menopause Society © Text printed on acid-free paper.

Postmenopausal status and early menopause as independent risk factors for cardiovascular disease: a meta-analysis

Type of menopause





Menopause: The Journal of The North American Menopause Society Vol. 15, No. 4, pp. 639-647 DOI: 10.1097/gme.0b013e31816d5b1c © 2008 by The North American Menopause Society

Oophorectomy, hormone therapy, and subclinical coronary artery disease in women with hysterectomy: the Women's Health Initiative coronary artery calcium study

OR of a coronary artery calcium score





Risk of first ever ischemic heart disease

Menopausal age definitior	r Age at menopause	
	$<\!\!40 \text{ years}, n = 380$	40–45 years, $n = 1967$
At ovariectomy		
Cases (person time)	7(610)	4(794)
Rate/1000	11.4(5.5–24.0)	5.0(1.9–13.4)
Univariate	7.6(1.9-31.0)	2.3(0.5-10.3)
Multivariate	8.7(2.0–38.1)	3.1(0.7–15.1)
Spontaneous		
Cases (person time)	9(922)	25(4301)
Rate/1000	9.8(5.1–18.8)	5.8(3.9-8.6)
Univariate	2.4(1.2-4.8)	1.3(0.8–2.1)
Multivariate	2.2(1.0-4.9)	1.2(0.7-2.0)



Increased risk of cognitive impairment or dementia in women who underwent oophorectomy before menopause

Cohort or stratum	Women at risk	Follow-up (person-years)	Women with cognitive impairment or dementia	Adjusted hazard ratio (95% CI)†	р
Overall					
Referent women	1,472	39,044	98	1.0 (ref.)	—
Any oophorectomy	1,489	40,736	150	1.46 (1.13-1.90)	0.005



Age at surgical menopause influences ⁽²⁰¹²⁾ cognitive decline and Alzheimer pathology in older women

Inverse association

between **age** at surgical menopause and risk of neurologic outcomes

	Estimate	p Value
Longitudinal cognitive decline ($n = 593$)		
Global cognition	0.0024	0.0007
Domains		
Episodic memory	0.0032	0.0003
Semantic memory	0.0025	0.0022
Working memory	0.0010	0.1219
Visuospatial ability	0.0012	0.0909
Perceptual speed	0.0009	0.2920



Age at surgical menopause influences ⁽²⁰¹²⁾ cognitive decline and Alzheimer pathology in older women

Estimated **slope of decline in global cognition** according to age at surgical menopause





Obstet Gynecol. 2013 April; 121(4): 709–716. doi:10.1097/AOG.0b013e3182864350.

Long-term Mortality Associated with Oophorectomy versus Ovarian Conservation in the Nurses' Health Study

All-cause deaths for women with bilateral oophorectomy

Compared with ovarian conservation at time of hysterectomy **before age 50**



Adjusted Hazard Ratio and 95% Confidence In

Prophylactic bilateral (salpingo-)oophorectomy



Breast cancer and Ovarian cancer risk for women with BRCA mutations

Type of	BRCA1	BRCA2
Cancer	mutation	mutation
Breast	55–65%	45%
Ovary	39%	11–17%



Risk Management for Women with BRCA Mutations

Ovarian cancer risk management:

- <u>Risk-reducing removal of ovaries and fallopian tubes</u> between age 35 and 40 and upon completion of child bearing.
- Delaying risk-reducing removal of ovaries and fallopian tubes <u>until age</u> 40-45 is "reasonable" for BRCA2 mutation carriers who have undergone risk-reducing mastectomy, because the average age of ovarian cancer onset is 8-10 years later than in BRCA1 mutation carriers.
- Routine ovarian cancer screening using transvaginal ultrasound and a CA-125 blood test is not recommended by guidelines but may be performed at the doctor's discretion starting at age 30-35.




How often will ovarian preservation result in reoperation?

The frequency of repeat surgery for ovarian pathology is reported to be twice as high in women who had one ovary retained versus both (7.6% versus 3.6%). Most of these repeat surgical procedures are performed because of pelvic pain or a pelvic mass and occur within 5 years of the hysterectomy. Women with <u>endometriosis</u>, <u>pelvic</u> <u>inflammatory disease</u>, and <u>chronic pelvic pain</u> are at higher risk of reoperation if the ovaries are retained. The risk of subsequent ovarian surgery should be weighed against the benefit of ovarian retention in these patients.



Menopause: The Journal of The North American Menopause Society Vol. 24, No. 7, pp. 000-000 DOI: 10.1097/GME.000000000000211 © 2017 by The North American Menopause Society

POSITION STATEMENT

The 2017 hormone therapy position statement of The North American Menopause Society



• Ovarian conservation is recommended, if possible, when hysterectomy for benign indications is performed in premenopausal women at average risk for ovarian cancer.

Current Commentary

Prophylactic and Risk-Reducing Bilateral Salpingo-oophorectomy

Recommendations Based on Risk of Ovarian Cancer

Society of Gynecologic Oncology

For women at average risk of ovarian cancer who are undergoing a hysterectomy for benign conditions, the decision should be individualized after appropriate informed consent, including a careful analysis of personal risk factors, concomitant disease, presence of gynecologic disease (endometriosis, chronic pain, infection), and age. There are several studies suggesting an overall negative health impact when performed before the age of menopause, particularly in the absence of estrogen replacement. Ovarian conservation before menopause may be especially important in patients with a personal or strong family history of cardiovascular or neurological disease, or for those women unable or unwilling to use hormonal therapy until the approximate age of menopause.

Pre-menopausal Bilateral oophorectomy



Management



Menopause: The Journal of The North American Menopause Society Vol. 24, No. 7, pp. 000-000 DOI: 10.1097/GME.000000000000921 © 2017 by The North American Menopause Society

POSITION STATEMENT

The 2017 hormone therapy position statement of The North American Menopause Society

 In women with POI or early natural or induced menopause or who have had surgical menopause and who are otherwise <u>appropriate candidates</u> for HT, <u>early initiation</u> of HT and continued use <u>at least until</u> the median age of menopause (52 y) is recommended. This is based on observational evidence of potential prevention of risks related to early estrogen loss on CHD, osteoporosis, affective disorders, sexual dysfunction, GSM, and lowered cognitive function.



Research

Original Investigation



Menopausal Hormone Therapy and Health Outcomes During the Intervention and Extended Poststopping Phases of the Women's Health Initiative Randomized Trials





ORIGINAL ARTICLE

Incidence of venous thromboembolism in Korea: from the Health Insurance Review and Assessment Service database

Annual incidence of VTE in Korean female population

	VTE	DVT	PE
30–39	5.03	2.65	1.50
40–49	9.71	4.77	3.40
50–59	13.13	5.77	5.58
60–69	41.17	14.78	22.20



ORIGINAL CONTRIBUTION

- 16,680 postmenopausal women
- 50-79 years
- CEE 0.625mg/d + MPA 2.5mg/d or placebo
- Average F/U 5.2 years
- 1993-1998



Risks and Benefits of Estrogen Plus Progestin in Healthy Postmenopausal Women Principal Results From the Women's Health Initiative Randomized Controlled Trial

Invasive breast cancer

No. (%)	of Events ^a			1				
CEE+MPA (n=8560)	Placebo (n=8102)	Difference/ 10000 PY ^b	HR (95% CI)	P Value			Favors Favors Hormone Placebo	
206 (0.43)	155 (0.35)	9	1.24 (1.01-1.53)	.04		Hormone Therapy ^c		
					0.20	1. HR (95		4.0

EP arm



Menopause: The Journal of The North American Menopause Society Vol. 18, No. 7, pp. 778-785 DOI: 10.1097/gme.0b013e318207851d © 2011 by The North American Menopause Society

A large multinational study of vasomotor symptom prevalence, duration, and impact on quality of life in middle-aged women

	Н		
Vasomotor symptoms	Natural	Surgical	Р
% Any degree (95% CI)	55.8 (52.4-59.1)	65.8 (60.5-70.7)	0.001
% Bothersome (95% CI)	8.8 (7.2-10.9)	9.0 (6.3-12.6)	NS
n	886	344	



Menopause: The Journal of The North American Menopause Society Vol. 15, No. 4, pp. 639-647 DOI: 10.1097/gme.0b013e31816d5b1c © 2008 by The North American Menopause Society

Oophorectomy, hormone therapy, and subclinical coronary artery disease in women with hysterectomy: the Women's Health Initiative coronary artery calcium study





Increased cardiovascular mortality after early bilateral oophorectomy

- cohort study
- 1,091 women with bilateral oophorectomy

Vol. 16, No. 1, pp. 15-23

DOI: 10.1097/gme.0b013e31818888f7

© 2009 by The North American Menopause Society

Menopause: The Journal of The North American Menopause Society

					listed anywhere on the death certificate ^b		
Cohort or stratum	Women at risk	Person-years of follow-up	Total deaths, n	Deaths, n (%)	HR (95% CI)	Р	
Analyses stratified by age	at oophore	ectomy or index	year				
Younger (<45 y)							
Referent women	1,417	38,106	229	104 (7.3)	1.00 (reference)		
Oophorectomy	413	11,179	94	45 (10.9)	$1.44 (1.01-2.05)^c$	0.04	
Estrogen given fro surgery until age 45 y or longer		4,167	20	7 (4.6)	$0.65 (0.30-1.41)^d$	0.28	
Estrogen not giver discontinued be age 45 y		7,012	74	38 (14.5)	$1.84 (1.27-2.68)^d$	0.001	
Prophylactic	124	3,164	33	15 (12.1)	1.73 (1.00-2.98)	0.049	
Benign conditions		8,015	61	30 (10.4)	1.32 (0.88-1.99)	0.18	



Hormone replacement therapy in young women with surgical primary ovarian insufficiency

Effect of **delay in MHT** on bone health

in women undertaking bilateral risk reducing salpingo-oophorectomy

Length of estrogen deprivation, mo	DEXA normal, n (%)	Osteopenia (DEXA T score -1.0 to -2.4), n (%)	Osteoporosis (DEXA T score < -2.4), n (%)
0	26 (84)	4 (13)	1 (3)
1-23	6 (60)	3 (30)	1 (10)
≥24	42 (54)	26 (33)	10 (13)





Menopausal age definition	Menopausal age				
	\leq 45 years				
	Never HT	Ever HT			
At ovariectomy					
Cases (person years)	5(309)	6(1094)			
Rate/1000	16.2(6.7–38.9)	► 5.5(2.4-12.2)			
Multivariate	2.9(0.9–9.5)	Ref.			
Not at ovariectomy					
Cases (person years)	28(4488)	42(8092)			
Rate/1000	6.2(4.3–9.0)	6 .2(4.6–8.3)			
Multivariate	0.9(0.4–2.3)	1.3(0.6–3.1)			
All					
Cases (person years)	33(4797)	48(7908)			
Rate/1000	6.9(4.9–9.7)	6.1(4.6-8.1)			
Multivariate	0.8(0.5–1.4)	Ref.			



Hormone therapy and Alzheimer disease dementia

(2012)

New findings from the Cache County Study

			H	IR (95% CI)
	No. ^a	P-Y	AD	Adjusted 2 ^c
No HT	663	4,577	89	1.0
HT (any type) initiated within 5 y of menopause for <3 y	170	1,223	13	0.71 (0.39-1.28)
HT initiated within 5 y of menopause for 3-10 y	80	645	6	0.71 (0.31-1.65)
HT initiated within 5 y of menopause for \geq 10 y	452	3,513	29	0.63 (0.41-0.98) ^d
HT initiated >5 y after menopause for <3 y	122	966	11	1.04 (0.54-1.97)
HT initiated >5 y after menopause for 3-10 y	104	820	8	0.92 (0.44-1.92)
HT initiated >5 y after menopause for \ge 10 y	114	842	11	1.00 (0.53-1.91)

Menopause: The Journal of The North American Menopause Society Vol. 21, No. 7, pp. 763-768 DOI: 10.1097/gme.00000000000126 © 2013 by The North American Menopause Society

Review Article



Hormone therapy in oophorectomized BRCA1/2 mutation carriers

Study	BRCA1/2 mutation carriers who received HT after RRSO	E_2 , PG + E_2 HT duration (y)) Breast cancer risk
Rebbeck et al Eisen et al	93 57 22	Not specified 4	HR, 0.37; 95% CI, 0.14-0.96 OR, 0.48; 95% CI, 0.19-1.21
Gabriel et al	33	2.79	men with breast cancer, 3/33; 9.099

산부인과 **수술 후 호르몬 변화**와 **수술 후 폐경**의 **치료법**



The Journal of Clinical Endocrinology & Metabolism 92(8):3040–3043 Copyright © 2007 by The Endocrine Society doi: 10.1210/jc.2007-0581

Ovarian Androgen Production in Postmenopausal Women

		BSO		
	Preoperative	Postoperative	Percent difference (%)	P value
T (ng/ml)	$2.6\ (1.0-6.0)$	1.5(0.6-2.1)	42	$<\!0.05$
A (ng/ml)	0.6(0.2-0.9)	0.5(0.2-1.2)	17	\mathbf{NS}
DHEA (ng/ml)	2.2(0.6-5.4)	1.8(0.7-3.1)	18	\mathbf{NS}
E1 (pg/ml)	$46.0\ (25.0-119.0)$	$33.9\ (17.0-61.0)$	26	$<\!\!0.05$
E2 (pg/ml)	$15.9\ (3.0-32.0)$	$14.7\ (4.0-62.0)$	8	NS

Post-menopausal Bilateral oophorectomy



Vasomotor symptom **«**

Bone health **《**

Cardiovascular health

Cognitive function

Mortality

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Fracture Risk After Bilateral Oophorectomy in Elderly Women*

350 women who were already postmenopausal when they underwent bilateral (or second unilateral) oophorectomy for a benign ovarian Condition	Any osteoporotic fracture* [HR (95% CI)]
Age (per 10 years)	1.85 (1.48–2.31)
Anticonvulsants ≥ 6 months	5.12 (1.24–21.2)
Anticoagulants ≥ 6 months	
Thiazide diuretics ≥ 6 months	0.60 (0.40-0.90)
Obesity (BMI > 27.3 kg/m^2)	
Prior osteoporotic fracture	2.58 (1.48-4.48)
Kyphosis	1.85 (1.26–2.72)
Alcoholism	
Index year	1.03 (1.01–1.05)

Fracture of the hip, spine, or distal forearm caused by moderate trauma at age 35 years or older.

Post-menopausal Bilateral oophorectomy



Vasomotor symptom **«**

Bone health

Cardiovascular health **«**

Cognitive function

Mortality **《**

Elective oophorectomy in the gynecological patient: when is it desirable?

William H. Parker^a, Donna Shoupe^b, Michael S. Broder^a, Zhimei Liu^c, Cindy Farquhar^d and Jonathan S. Berek^e



(2007)



Obstet Gynecol. 2013 April; 121(4): 709–716. doi:10.1097/AOG.0b013e3182864350.

Long-term Mortality Associated with Oophorectomy versus Ovarian Conservation in the Nurses' Health Study

All-cause deaths for women with bilateral oophorectomy

Compared with ovarian conservation at time of hysterectomy



산부인과 **수술 후 호르몬 변화**와 **수술 후 폐경**의 **치료법**



